

The biological variation model and the EFLM database for Biological variation



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(Noklus), Bergen Norway

What I will talk about

- The biological variation database – how reliable data can be established
- What is Analytical performance specification based on BV? Are they based on «biological variation»?
- A new concept for calculating minimum, desirable and optimum APS

1st EFLM Strategic Conference Defining analytical performance goals 15 years after the Stockholm Conference

8th CIRME International Scientific Meeting

Milan (IT)
24-25 November 2014



with the
auspices of  **IFCC**
International Federation
of Clinical Chemistry
and Laboratory Medicine

GENERAL INFORMATION

REGISTRATION FEE

EUR 305,00 (VAT 22% included)

The registration fee includes:

- ▶ Coffee break & lunch buffet as indicated in the programme
- ▶ Certificate of participation

Cancellations:

- registrations cancelled within August 30, 2014 will result in a 20% penalty
- cancellations between August 30 and September 30, 2014 will be subject to a 50% penalty
- afterwards, registrations will result in a 100% penalty

To make your registration, please access the following link:
<http://reg.mzcongressi.com/cmsweb/elenco.asp?oIDEvento=681&Lang=EN>

OFFICIAL LANGUAGE

The official language of the conference is English.

ORGANIZING SECRETARIAT

MZ Congressi srl
Via Carlo Farini, 81 - 20159 Milano - ITALY
Tel: +39 0266802323 ext 917
Ms Patrizia Sirtori
e-mail: patrizia.sirtori@mzcongressi.com

VENUE

Atahotel Executive
Viale Luigi Sturzo, 45 - 20154 Milano, Italy
Located in a strategic and privileged position, close to the Porta Garibaldi Railway Station and in the heart of Milan's nightlife (Corso Como and Brera area). Well connected to public transports, the underground stations (M2 Green line and M5 Lilac line) are only few steps from the hotel.
For more information, please visit:
<http://www.atahotels.it/en/executive>

ACCOMMODATION

The following hotels are all located walking distance from the congress venue. To book your room please refer to the below indicated hotel reservation system.

- ▶ c/o Atahotel Executive (conference venue)
<http://www.atahotels.it/en/executive>
- ▶ c/o UNA Toqc Hotel (200 meters from the congress venue)
http://www.unahotels.it/it/luna_hotel_toqc/hotel_milano_corso_como.htm
- ▶ c/o Hotel AC Milano (500 meters from the congress venue)
<http://www.marriott.com/hotels/travel/milmi-ac-hotel-milano/>
- ▶ c/o Holiday Inn (700 meters from the congress venue)
<http://www.himilangaribaldi.com/en/>

EFLM thanks the following companies for the kind and unconditional support

What is analytical performance specifications?

DE GRUYTER

Clin Chem Lab Med 2015; 53(6): 833–835

Consensus Statement

Sverre Sandberg*, Callum G. Fraser, Andrea Rita Horvath, Rob Jansen, Graham Jones, Wytze Oosterhuis, Per Hyltoft Petersen, Heinz Schimmel, Ken Sikaris and Mauro Panteghini

Defining analytical performance specifications: Consensus Statement from the 1st Strategic Conference of the European Federation of Clinical Chemistry and Laboratory Medicine

Models to set Analytical Performance Specifications – what quality should we have?

Model 1. Based on the effect of analytical performance on clinical outcomes

1a. Direct outcome studies

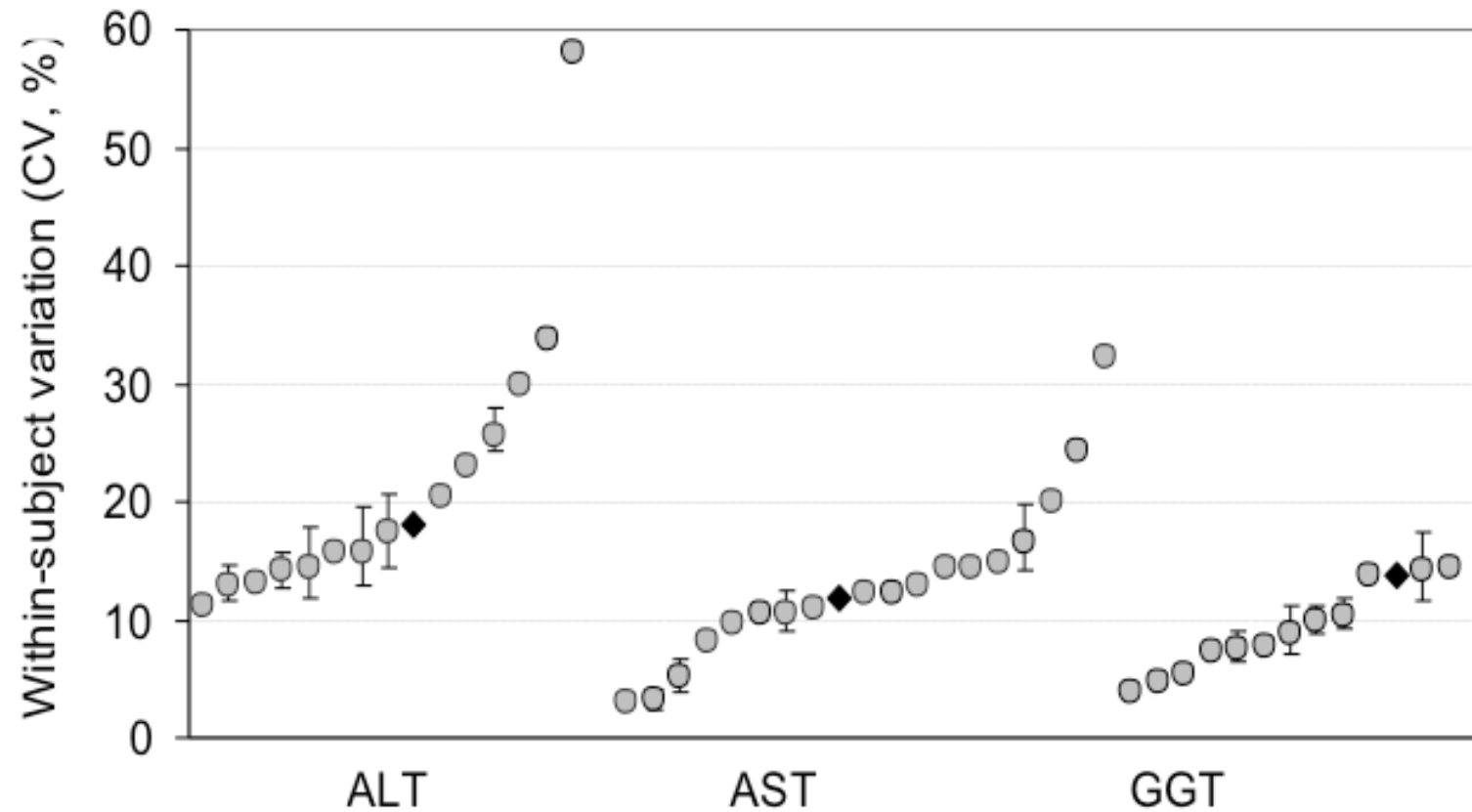
1b. Indirect outcome studies

**Model 2. Based on components of biological variation of the measurand
(- to minimise analytical noise to biological variation)**

Model 3. Based on state of the art

Within-subject variation – is the data reliable?

Data from the Rico/Westgard database



Model 2. Based on components of biological variation of the measurand

This attempts to minimize the ratio of 'analytical noise' to the biological signal. The advantage is that it can be applied to most measurands for which population-based or subject-specific biological variation data can be established.

There are limitations to this approach, including the need to carefully assess the relevance and validity of the biological variation data, e.g., the presence of 'steady state', the appropriate time intervals, effect of inter-current illness and effect of measurand concentrations.



The Biological Variation Data Critical Appraisal Checklist: A Standard for Evaluating Studies on Biological Variation

Aasne K. Aarsand,^{1,2*} Thomas Røraas,² Pilar Fernandez-Calle,^{3,4} Carmen Ricos,⁴ Jorge Díaz-Garzón,^{3,4} Niels Jonker,⁵ Carmen Perich,^{4,6} Elisabet González-Lao,^{4,7} Anna Carobene,⁸ Joana Minchinela,^{4,9} Abdurrahman Coşkun,¹⁰ Margarita Simón,^{4,11} Virtudes Álvarez,⁴ William A. Bartlett,¹² Pilar Fernández-Fernández,⁴ Beatriz Boned,^{4,13} Federica Braga,¹⁴ Zoraida Corte,^{4,15} Berna Aslan,¹⁶ and Sverre Sandberg^{1,2,17} on behalf of the European Federation of Clinical Chemistry and Laboratory Medicine Working Group on Biological Variation and Task and Finish Group for the Biological Variation Database

BACKGROUND: Concern has been raised about the quality of available biological variation (BV) estimates and the effect of their application in clinical practice. A European Federation of Clinical Chemistry and Laboratory Medicine Task and Finish Group has addressed this issue. The

D scores. Outlier analysis and variance homogeneity testing were scored as C in >60% of 847 cases. Metaanalysis delivered a CV_I estimate for ALT of 15.4%.

CONCLUSIONS: Application of RIVAC to BV publica

Critical appraisal check list

- ✓ Papers are categorized as A, B, C and D depending on their methodological quality
- ✓ The checklist contains 14 items, and
- ✓ 22 items are extracted from each paper and presented in the EFLM BV database.
- ✓ A huge efforts has been performed to categorize the existing literature on BV

Meta-analysis, weighting the average of the CV_i of eligible studies

- Weight according to quality category, A, B, C
- Weight according to number of samples/subjects (confidence intervals)

WHO WE ARE

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WHAT'S NEW

The EFLM Biological Variation Database is now live! The database delivers updated evidence-based biological variation (BV) estimates to users worldwide. [Click here to access the EFLM BV database](#)

Latest News....

- From EFLM
- From National Societies
- From Companies
- EFLM Newsletter

EFLM Bursaries

EFLM Awards

EFLM Committees

- Communication
- Education and Training
- Profession
- Quality and Regulations
- Science

International Collaborations

EFLM Biological Variation Database

EFLMLabX

E-Learning

The European Register of Specialists in Laboratory Medicine

Downloads

Forthcoming EFLM events

- Symposium CELME 2019
- EFLM webinars
- EuroMedLab Munich 2021

Partners



The Biological Variation Database was launched during Euromedlab in Barcelona in 2019 and has been much improved since then



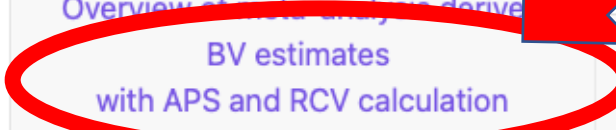
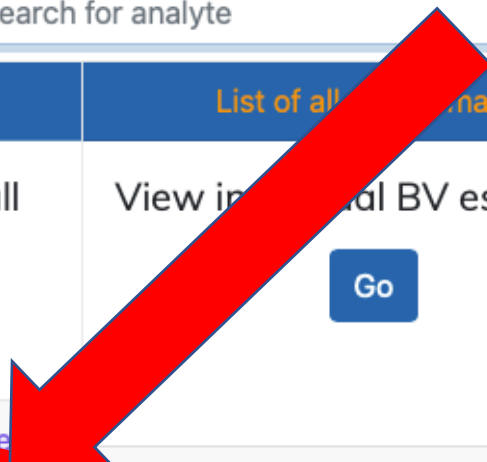


EUROPEAN FEDERATION OF CLINICAL CHEMISTRY
AND LABORATORY MEDICINE

EFLM Biological Variation Database

Search

Meta - Analysis	List of all measurands	Measurands
List of BV estimates for all measurands Go	View individual BV estimates Go	Show all Measurands Go
Overview of meta-analysis derived BV estimates with APS and RCV calculation	Overview of all BV records with publication details	Overview of BV data sets for each measurand



Newer approaches to estimate biological variation

Papers in Press. Published January 28, 2019 as doi:10.1373/clinchem.2018.290841
The latest version is at <http://clinchem.aaccjnl.org/cgi/doi/10.1373/clinchem.2018.290841>

Clinical Chemistry 65:4
000-000 (2019)

General Clinical Chemistry

Estimates of Within-Subject Biological Variation Derived from Pathology Databases: An Approach to Allow Assessment of the Effects of Age, Sex, Time Between Sample Collections, and Analyte Concentration on Reference Change Values

Graham Ross Dallas Jones^{1,2*}



A Bayesian Approach to Biological Variation Analysis

Thomas Røraas,^{1*} Sverre Sandberg,^{1,2,3} Aasne K. Aarsand,³ and Bård Støve⁴

BACKGROUND: Biological variation (BV) data have many applications for diagnosing and monitoring disease. The standard statistical approaches for estimating BV are sensitive to “noisy data” and assume homogeneity of within-participant CV. Prior knowledge about BV is mostly ignored. The aims of this study were to develop Bayesian models to calculate BV that (a) are robust to “noisy data,” (b) allow heterogeneity in the within-participant CVs,

Biological variation (BV)⁵ data, describing the natural variation observed for most constituents in the human body, have many applications for diagnosing and monitoring disease (1). The magnitude of within-participant BV (CV_I) describes the expected variation of an analyte around a homeostatic set point within an individual and the between-participant BV (CV_G) variation between these set points (2). For the BV estimates to be clinically



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Volume 60 Issue 4 - Special Issue: Biological variation – eight years after the 1st Strategic Conference of EFLM Issue Editors: Anna Carobene and Aasne K. Aarsand

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Clin Chem Lab Med 2023; 61(5): 741–750

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Editorial

Sverre Sandberg*, Anna Carobene and Aasne K. Aarsand

Biological variation – eight years after Strategic Conference of EFLM

<https://doi.org/10.1515/cclm-2022-0086>

Keywords: analytical performance specifications (APS); biological variation (BV); Biological Variation Data Critical Appraisal Checklist (BIVAC); European Biological Variation Study (EuBIVAS); index of individuality (II); reference change value (RCV).

to set APS: the second on BV in conjunction with the 1st Strategic Conference of EFLM. It was recognized that many studies with uncertainty in the need for critical appraisal of new studies

Review

Sverre Sandberg*, Anna Carobene, Bill Bartlett, Abdurrahman Coskun, Pilar Fernandez-Calle, Niels Jonker, Jorge Díaz-Garzón and Aasne K. Aarsand

Biological variation: recent development and future challenges

<https://doi.org/10.1515/cclm-2022-1255>

Received December 10, 2022; accepted December 12, 2022;
published online December 20, 2022

Abstract: Biological variation (BV) data have many applications in laboratory medicine. However, these depend on the availability of relevant and robust BV data fit for purpose. BV data can be obtained through different study designs, both by experimental studies and studies utilizing previously analysed routine results derived from laboratory databases. The different BV applications include using BV data for setting analytical performance specifications

other standards for deriving and reporting BV data, the EFLM Biological Variation Database and new applications of BV data including personalized reference intervals and measurement uncertainty.

Keywords: biological variation; BIVAC; EuBIVAS; personalized reference intervals (prRI); reference change value.

Background

Cholesterol



Cholesterol

[Analytical Performance Specification](#)[RCV Calculation](#)

Matrix	BV Estimate	median CV estimate	lower CI limit	higher CI limit	Comments	Date Updated
Serum/plasma		5.3	5.1	6.3		27/3/2023
Serum/plasma		16.7	14.8	17.4		27/3/2023

Colour Key for References

[Included In Meta Analysis](#)[Not Included In Meta Analysis](#)

Reference

Dataset	Estimate of CVI	Estimate of CVG	Gender	Age	State of Well Being	Matrix	Sampling Interval
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Intra-individual variation
of some analytes in

Proposals for setting generally applicable quality goals solely based on biology

Callum G Fraser, Per Hyltoft Petersen
From the Directorate of Biochemical Medicine, Dundee, DD1 9SY, UK, ¹Clinical Chemistry Department, ²Clinical Biology Department, Institute of Hygiene, ³Clinical Biochemistry Department, University of Odense, Denmark

Scand J Clin Lab Invest 1988; 48: 757-764

Analytical goals for the introduction of common reference intervals in clinical laboratories throughout a geographical area.

The current trend towards introduction of total quality management in laboratory medicine means that objective quality goals must be clearly defined *a priori*.¹ Objective selection and evaluation of analytical systems require that quality goals are available for preparative specifications, appraisal of options, and verification of experimental data² and for internal quality control procedures which are instituted only if the quality goals are met.

Should they be revised?

Callum G Fraser, *† P. HYLTOFT PETERSEN, † O. BLAABJERG †
*Department of Biochemical Medicine, Ninewells Hospital and Medical School, Dundee, Scotland, and †Department of Clinical Chemistry, Odense University Hospital, Odense C, Denmark

Models to set Analytical Performance Specifications

Model 1. Based on the effect of analytical performance on clinical outcomes

1a. Direct outcome studies

1b. Indirect outcome studies

Model 2. Based on components of biological variation of the measurand

(- to minimise analytical noise to biological variation)

Model 3. Based on state of the art

Imprecision

Imprecision: $CV_A < 0.5 \times CV_I$

The factor 0.5 refers to desirable APS and indicates that imprecision accounts for 12% of the total variation

Bias

Is the “BIAS formula” based on biological variation???
(minimising analytical noise to biological variability)

Scand J Clin Lab Invest 1988; 48: 757–764

$$\text{Bias: } < 0.25 \times (CV_I^2 + CV_G^2)^{1/2}$$

Analytical goals for the acceptance of common reference intervals for laboratories throughout a geographical area

E. M. S. GOWANS,*† P. HYLTOFT PETERSEN,† O. BLAABJERG†
& M. HØRDER†

*Department of Biochemical Medicine, Ninewells Hospital and Medical School, Dundee, Scotland, and †Department of Clinical Chemistry, Odense University Hospital, Odense C, Denmark

From the paper:

«We propose that the bias should not exceed $0.25 \times (CV_I^2 + CV_G^2)^{1/2}$ when analytical imprecision is almost nothing,

or that the percentage of the population outside each reference limit should not exceed 4.4% for a combination of analytical imprecision and bias»

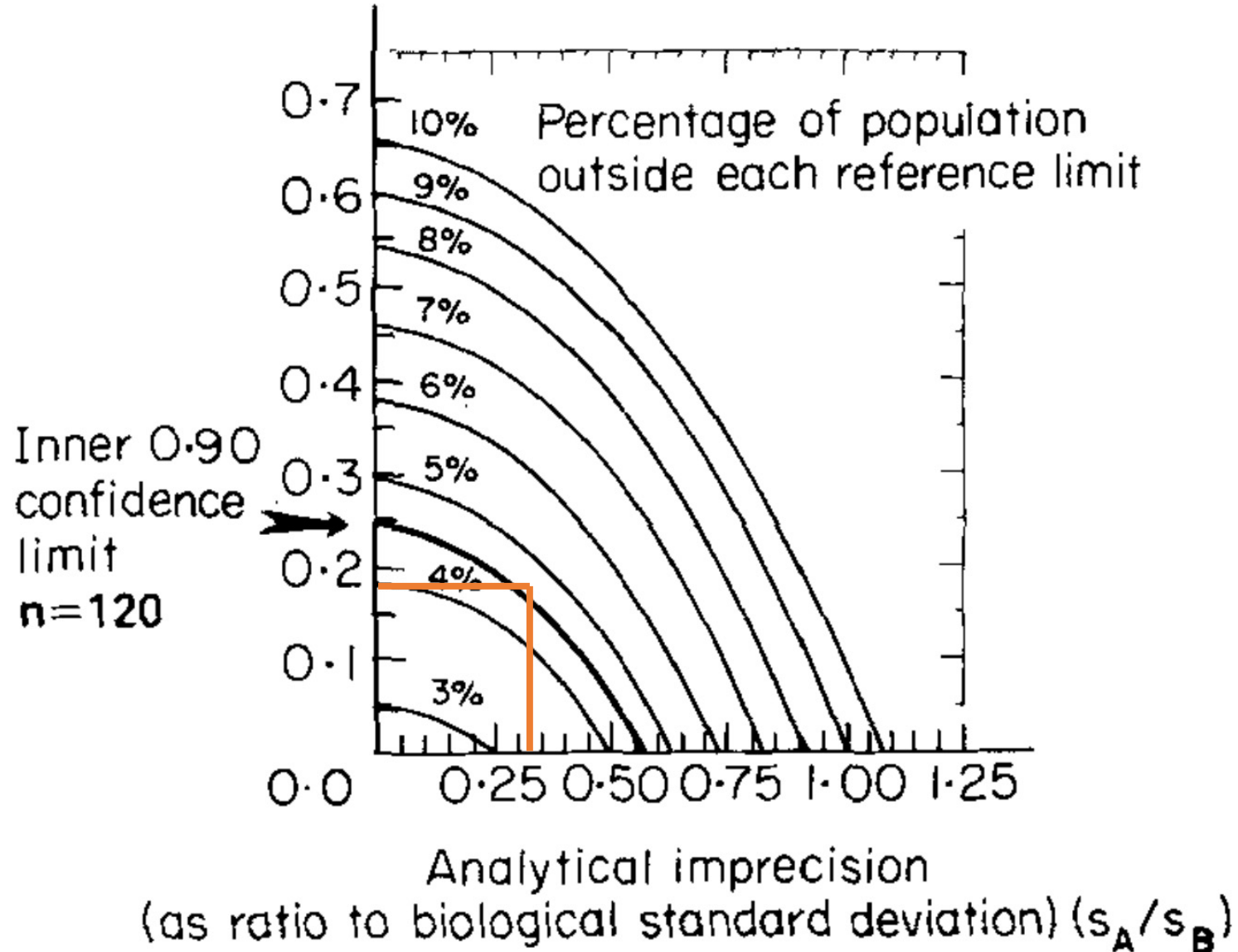
Bias

The basis for this recommendation was that, *when the 120 population sample size recommended by the International Federation of Clinical Chemistry was selected*, then this was the maximum bias allowable to achieve the maximum acceptable percentage of the population outside each limit for the 0.90 confidence interval of each of the reference limits, namely 4.4%.

The “bias” APS is a combination of BV and type 1b outcome study (simulation)

It assumes that imprecision = 0

Analytical bias (+ or -) (as ratio to biological standard deviation) (B/s_B)



For example, for glucose, if the imprecision is 2.5% (desireable) the "bias formula" will be:

$$\text{Bias} < 0.18 \times (CV_I^2 + CV_G^2)^{1/2}$$

So we should be careful when using the «bias formula»

1. Originally it was used for sharing reference intervals
2. It assumed that ref intervals were based on 120 persons
3. It assumed gaussian distribution
4. It assumed that imprecision = 0
5. It then has the same limitation as the total error formula since the labs never have imprecision= 0
6. (- and it is not based on biological variation)

Total allowable error (TAE)

- The formula that considers both bias and imprecision was developed for EQA organizers and has been widely applied since it is easy to use.
- $TAE < 1.65 \times (0.5 \times CV_I) + 0.25 \times (CV_I^2 + CV_G^2)^{1/2}$
- However, this model for deriving total allowable error from biological variation data is flawed. It sums up two mutually exclusive terms, i.e., maximum allowable bias and maximum allowable imprecision, resulting in an overestimating allowable total error. For these reasons, this approach should be applied with caution.
- - and it is based on a combination of a biological variation and type 1b study

Conclusions

- Information about the point estimates of the within- and between biological variation is greatly improved in the new EFLM BV-database.
- The essential concept of model 2 is that analytical noise should be low compared to biological variation
- The «bias formula» is actually (mainly) based on a Type 1b model



Thank you!!

